

FULL EQUIPMENT REQUIRED
*Equipment is available through
Celtic Lacrosse.*

*Please call or visit for purchase
before the leagues begin.*
(513) 522 - 7900

WAIVER AND RELEASE

I understand that (I am) (my child is) participating in a contact sport under normal playing conditions and that injury may occur. I will ensure that (I am) (my child is) properly equipped to play, and I will neither hold Countryside YMCA or Celtic Lacrosse or their agents / employees responsible nor liable in the event of accident or injury to (me) (my child). In the event that (I) (my child) requires emergency medical treatment and attempts to contact me have failed, league staff are authorized to act for me in accordance with their best judgment.

Player's Name

(Player) (Parent/Guardian Signature)

All players required to be members of US Lacrosse for insurance purposes. See www.uslacrosse.org for registration

Celtic Lacrosse & Sporting Goods
3091 W. Galbraith Rd.
Cincinnati, Ohio 45239

WINTER 2008

LACROSSE



COUNTRYSIDE YMCA
1699 DEERFIELD ROAD
LEBANON, OHIO 45036
(513) 932 - 1424

LACROSSE LEAGUES Tuesday Nights

HS Girls League 7:00 - 8:00 pm
MS Boys League 8:00 - 9:00 pm
HS Boys League 9:00 - 10:00 pm
November 4th - Dec. 9th

INTRODUCTORY CLINICS Thursday Nights

Boys Introductory Clinics 7:00 - 8:00 pm
Girls Introductory Clinics 8:00 - 9:00 pm
November 6th - Dec. 18th
No clinics scheduled Thanksgiving Week

GOALIE CLINIC Tuesday Night December 16th

Girls & Boys 7:00 - 9:00 pm

Co-Sponsored by



3091 GALBRAITH
RD
CINCINNATI, OH
45239
(513) 522-7900

515 S. MAIN ST.
SPRINGBORO, OH
45066
(937) 550-4742

WWW.CELTICLACROSSE.COM

HS & MS BOYS INDOOR BOX LACROSSE

- Full contact box lacrosse!
- Pinched sticks allowed
- Limited team sizes for maximum playing time & ball touches
- The best way to stay in shape
- The best way to develop both offense AND defense
- Small box goals to develop shooting
- Box goalie pads available
- Box Lacrosse Jerseys Provided

INSTRUCTIONAL CLINICS

- Basic stick skills
- Rules of the game
- Offensive & defensive skills
- All leading up to game play by the last weeks!
- Care & maintenance of lacrosse sticks
- Instructors are experienced coaches (HS & college), referees, & players
- Special instruction for interested goalies!

HS GIRLS LEAGUE

- Limited team sizes for maximum playing time & ball touches
- 5 on 5 format
- The best way to stay in shape
- The best way to develop both offense AND defense
- Reversible Pennies Provided

DIRECTIONS COUNTRYSIDE YMCA

*1699 Deerfield Road
Lebanon, Ohio 45036*

From I-275 or I-71

- I-275 to I-71 North
- Exit at Exit # 28 Lebanon Exit
- Stay to right, road becomes State Rt. 48
- Exit State Rt. 48 on to Turtle Creek-Union Deerfield Road
- At the stop sign take a left
- At the stop light take a right onto Deerfield Road, the YMCA is on the left

From I-75

- I-75 to Exit 29 go East on Route 63 6.9 miles
- Turn right on to Route 42/S Broadway/OH 48 .3 miles
- Turn left onto E Orchard Ave. OH 48 .1 mile
- Turn right onto Deerfield Road 1.5 miles



REGISTRATION FORM

Due by October 30th

by mail, phone, fax or drop off

___ HS Boys Box League \$85

___ MS Boys Box League \$85

___ HS Girls Indoor League \$80

___ Girls Instructional Clinic \$65

___ Boys Instructional Clinic \$65

___ Goalie Clinic December 16th \$25.00

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone #: _____

Email: _____

Emergency Contact Name:

Emergency Contact Phone:

School/Team: _____

Grade/Yr: _____

Position(s): _____ Yrs. Experience: _____

U.S. Lacrosse # _____

Team or teammates requested:

CREDIT CARD:

Card #: _____

Expiration Date: _____

Zip Code: _____

CHECKS:

Please make checks out to
Countryside YMCA

Please be sure to fill out waiver on back